

# RING OF PRAYER

A prayer relay by parish communities around the UK, for seafarers, fishers and those who care for them.

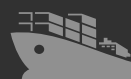
## FRIDAY

Pray for the ocean environment



## MONDAY

Pray for seafarers



STELLA MARIS

## THURSDAY

Pray for Stella Maris chaplains, staff and volunteers



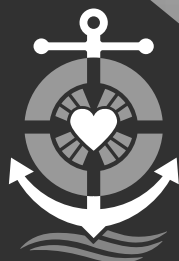
## TUESDAY

Pray for fishers



## WEDNESDAY

Pray for families of seafarers and fishers



STELLA MARIS



# STELLA MARIS RING OF PRAYER

Stella Maris invites you to participate in a week of prayer for seafarers, fishers, and all those involved in our ministry

*“The life of sailors or fishermen and their families is very difficult. Sometimes they are victims of forced labour or are left behind in distant ports. But without the people of the sea, many parts of the world would starve. Let us pray for all those who work and live from the sea, among them sailors, fishermen and their families” (Pope Francis, 2022)*

## **Monday**

### **The Joyful Mysteries of the Rosary**

*Pray for seafarers*

Almighty God

As we begin our week of prayer for the people of the sea, we ask for blessings upon the mission of Stella Maris to support seafarers, fishers and their families. We ask that through your blessed mother interceding for us, we can be guided and strengthened in our faith to grow closer to you.

**Today we pray especially for seafarers around the world.**

May you be the guiding light and keep seafarers safe on their voyages on the sea. May you support seafarers in their time of need with any issues they have. May they know they can turn to you to give them strength to stand up for what is right. And may Stella Maris be that constant support that they can rely on for help.

## **Tuesday**

### **The Sorrowful Mysteries of the Rosary**

*Pray for fishers*

Almighty God

As we continue our week of prayer for the people of the sea, we ask for blessings upon the mission of Stella Maris to support seafarers, fishers and their families. We ask that through your blessed mother interceding for us, we can be guided and strengthened in our faith to grow closer to you.

**Today we pray especially for fishers around the world.**

May you protect and keep fishers safe when they leave the safety of the ports. Help us to work together to stop human trafficking and forced labour at sea, to improve working conditions and safety. Help us to combat illegal, unreported and unregulated fishing, thus creating a fisheries sector that is socially, environmentally and commercially sustainable.

## **Wednesday**

### **The Glorious Mysteries of the Rosary**

*Pray for families of seafarers and fishers*

Almighty God

As we continue our week of prayer for the people of the sea, we ask for blessings upon the mission of Stella Maris to support seafarers, fishers and their families. We ask that through your blessed mother interceding for us, we can be guided and strengthened in our faith to grow closer to you.

**Today we pray especially for the families of seafarers and fishers.**

May you bring seafarers and fishers home safely to their families. We ask you to support the families of seafarers and fishers when they are away from home. May you draw near to them in times of worry, restore them in times of sickness, and strengthen them when they are weary. Help them to trust in your unfailing mercy and to know at all times your sustaining love.

## **Thursday**

### **The Luminous Mysteries of the Rosary**

*Pray for Stella Maris*

Almighty God

As we continue our week of prayer for the people of the sea, we ask for blessings upon the mission of Stella Maris to support seafarers, fishers and their families. We ask that through your blessed mother interceding for us, we can be guided and strengthened in our faith to grow closer to you.

**Today we pray especially for all the chaplains, staff, and volunteers of Stella Maris.**

We pray for all Stella Maris chaplains, staff, ship-visitors, parish contacts and everyone who supports the mission of Stella Maris in prayer. That through your blessings, they can continue to promote and support the mission of Stella Maris. We thank you for them and the tireless work they provide in supporting seafarers and fishers. May you keep them in your protection and love as they go out to live the Gospel.

## **Friday**

### **The Sorrowful Mysteries of the Rosary**

*Pray for the Ocean Environment*

Almighty God

As we continue our week of prayer for the people of the sea, we ask for blessings upon the mission of Stella Maris to support seafarers, fishers and their families. We ask that through your blessed mother interceding for us, we can be guided and strengthened in our faith to grow closer to you.

**Today we pray especially for the ocean environment**

In realising our responsibility to protect and care for our common home, may we all become good stewards of our oceans. Give us the strength to stand up for climate and ecological justice. May our actions conserve and sustainably use the oceans as a visible sign of our love for God's creation and the world we live in.

**For more information please visit  
[www.stellamaris.org.uk/ringofprayer](http://www.stellamaris.org.uk/ringofprayer)  
or email [info@stellamarismail.org](mailto:info@stellamarismail.org)**



## What is the Ring of Prayer?

Last year, a Stella Maris supporter undertook a sailing pilgrimage which raised awareness and funds for Stella Maris and connected over 50 coastal communities around the UK. During the voyage, in May, the month of Mary, a vision was received from the Holy Spirit which inspired Stella Maris to create the Ring of Prayer to continue the journey on land this year through a relay of prayer by parishes. Recognising the importance of Our Lady Star of the Sea to seafarers and fishers, and inspired by the coronation of Mary as honoured in the fifth decade of the Holy Rosary, the motivation for a ring of prayer around the country was formed.

“A great and wondrous sign appeared in heaven: a woman clothed with the sun, with the moon under her feet and a crown of twelve stars on her head.” (Revelation 12.1)

The sun, moon and stars have been used for centuries as critical navigational aids by seafarers – who often put their trust in Our Lady Star of the Sea for protection during their perilous journeys on the oceans.

With the synergy between the 50 Hail Mary beads on the Rosary, 50 parishes and Holy sites that were visited during the sailing pilgrimage, and 52 weeks in the year, the vision for a year-long rosary-based prayer ring around the UK was crystalised. The Ring of Prayer forms part of Stella Maris’ activities marking the Year of Prayer in 2024 that is leading up to the Jubilee Year in 2025 declared by Pope Francis for the church to observe.

Your parish is invited to participate in this special initiative by praying for seafarers, fishers and the work of Stella Maris for a week using the suggested prayers in this booklet.

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### Pope John Paul II prayer for seafarers and fishers

Mary, Star of the Sea, light of every ocean,  
guide seafarers across all dark and stormy seas  
that they may reach the haven of peace and light  
prepared in Him who calmed the sea.  
As we set forth upon the oceans of the world  
and cross the deserts of our time, show us, O Mary,  
the fruit of your womb, for without your Son we are lost.

Pray that we will never fail on life’s journey,  
that in heart and mind, work and deed,  
in days of turmoil and in days of calm,  
we will always look to Christ and say,  
“Who is this that even wind and sea obey him?”  
Our Lady of Peace, pray for us!  
Bright Star of the Sea, guide us!

**Our Lady, Star of the Sea, pray for seafarers, pray for us.**